

A Message from Director of Athletics Scott Dorsett

Webb Community,

As we work our way back opening up our athletic facilities and bringing teams back to campus for practice, we have implemented COVID-19 procedures and protocols to be followed during our use of athletic facilities. Our number one goal is the protection of our student athletes and the coaches while working out in our facilities. We are following closely the guidelines set by Governor Lee, the CDC, and the National Federation of High Schools in reopening our athletic facilities. Copied below are the procedures and protocols that our coaches have received and will follow when having practices or meetings on the Webb campus.

- Coaches will be filling out a daily monitoring form that "MUST" be filled out prior to practice beginning. Laken Puckett, Webb's athletic trainer, or one of our nurses will be present at the start of practices to take temperatures. These do not need to be recorded unless they are higher than 100.3. Any temperature of a student above 100.3 will need to be recorded and the student sent home. All forms should be kept on file by coaches.
- No gathering of more than 10 people at a time inside a given area. Up to 50 individuals may gather outdoors for workouts.
- The 6 feet apart rule remains in effect. Workouts should be conducted in "pods" of 5-10 students who stay with their same group through the entire workout.
- All athletes will use hand sanitizer between drills and activities. Sanitizer will be provided.
- Athletes must bring their own water or drink bottles and label them with their names.
- Athletes should wash their hands with soap and water for 20 seconds prior to using any workout equipment.
- Teams should wipe down all equipment before and after their workout.

- Teams should share no athletic equipment (towels, clothing, shoes, or sports specific equipment, i.e. balls, sticks, etc.). Each student athlete must have his/her own sports specific equipment during workouts.
- Free weight exercises that require a spotter cannot be conducted during this social distancing phase. Resistance training should be emphasized as body weight, sub-maximal lifts, and use of resistance bands.
- At this stage, there is "NO CONTACT" in any drills or workouts.
- It is not recommended that athletes wear a mask during inside or outside workouts. If parents want their student athlete to wear a mask or the student athlete wants to wear a mask, he/she may do so during instruction period where no activity is involved. Masks are not required by any student athlete or coach.
- If any student athlete, during your practices experiences fever, vomiting, fatigue, or any other signs of illness, he/she will report to the School Nurse immediately for evaluation, and possible quarantine until the athlete can leave campus.

The above procedures must be followed at all times during your practices. You should also inform students that they are to leave after practice and not remain at the facilities. There will be athletic department personnel available to help or answer any questions you may have during your practices.

As we move through the different stages on our way back to normalization, I will send a biweekly letter to inform parents and students of any changes to these procedures and protocols. I promise, The Webb School and the Athletic Department take the safety of our most precious resource, our students, seriously and will continue to be on the top of the most current implementation processes. God Bless, and we will continue to grow through this period of our history.

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